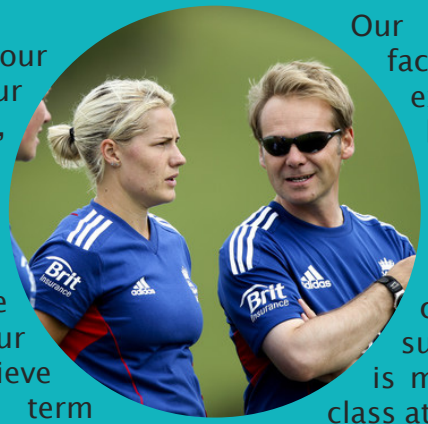
inside
LEADERSHIP
Excellence
Passion
Commitment
Integrity
Responsibility
Trust
www.insideleadership.co.uk

inside LEADERSHIP

inside is a company that prides itself on making a positive difference in the worlds of sport and business.

Focusing on enabling current and future executives, managers, coaches and athletes grow and develop into truly world class leaders and performers across all environments.

We do this by delivering our programmes through our 6 core values – Excellence, Passion, Commitment, Integrity, Responsibility and Trust. These 6 core values provide a very strong foundation for our experienced team to deliver a wide range of excellent programmes. Our programmes are designed to achieve short, medium and long term sustainable success for individuals, teams and organisations across sport and business.



Inside Leadership offers a large number of bespoke packages which include Leadership Development, People Development, Team and 1to1 Coaching, Creating High Performing Environments and Motivational Speaking and Presenting.

Our uniqueness lies in our coaches, facilitators, and trainers who have vast experience in both sport and business, dealing with the many challenges that sport and business offer on a daily basis. Our experienced team are equipped with many strategies to overcome challenges and achieve sustainable success. Having a delivery team that is made up of past and current world class athletes, coaches and executives who consistently achieve sustainable success ensures Inside Leadership has the team that will make a positive difference to you and your organisation.

PURPOSE

Grow and Develop current and future executives, managers, coaches and athletes into world class leaders and performers across all environments

CORE PROGRAMMES

Leadership Development
People Development
Team and 1to1 Coaching
Creating High Performing Environments
Motivational Speaking and Presenting

CORE VALUES

Excellence
Passion
Commitment
Integrity
Responsibility
Trust

2 Day Leadership Development Programme

The Inside Leadership two day Leadership Development programme provides insight, resources and a positive intrinsic motivational impact on delegates who attend and contribute to the programme. The programme enables delegates to be more effective in their current roles and acquire new skills that will be valuable in the future and ultimately make a positive difference to individuals and their organisations.

For the duration of the leadership development programme, delegates will join a highly qualified and experienced facilitator who will be joined by a speaker on Day 1 and a second speaker on Day 2, both from the world of sport. Inside Leaderships facilitators will create a learner-centred environment that will encourage and maximise informal learning over the two days.

The two day programme includes:

Day 1
Leading Self & Leading Others

Knowing yourself from the inside out fundamentally provides a strong foundation to leadership. Having the willingness to look within yourself to identify what you stand for, what matters most to you and fully understanding the impact of your key strengths and weaknesses all contribute to greater self-awareness and leads to improved performance. If you don't know yourself, how can you lead yourself and ultimately lead others?

We look into leadership theory and share our experiences of leading others in pressurised environments to achieve outstanding results. We identify the fundamental contributing factors that equip leaders to enable people to achieve results that they felt was not possible.

Values-Based Leadership

An excellent insight into the positive impact of values-based leadership and specific leaders who are often selfless and driven by the needs of others instead of being motivated by such things as power, money, status or fame. Why has values-based leadership stood the test of time? What are the fundamental principles?

Identifying & Developing Talent into World Class Performance

An opportunity to explore this fascinating subject and look into how sport and business take on the exciting challenge of identifying, developing and nurturing ''talent'' into world class performance.

Day 1 Speaker - Toni Minichiello

Toni Minichiello will share his remarkable insight into identifying and nurturing talented athletes into World Class Performers. Sharing openly how he and Jessica Ennis-Hill have worked together, he explores how they have created a very special athlete/coach relationship which has formed the foundation to many of the world successes that Jess and Toni Minichiello have achieved together.

Day 2
Creating & Developing High Performing Environments

We hear almost every day that high performing environments are key to team and individual successes, especially sustainable success. But what is a high performing environment? How do you create one and then continually develop it? Who has the responsibility to create one?

There are lots of questions around this specific area. The aim of Inside Leadership is to share insights from both sport and business in the quest to answer the questions above and offer clarity on this very important area.

Developing High Performing Teams

High-performing companies have high performing teams. The ''million dollar'' question is 'how do you build such a team in your organisation?'

We will explore what the fundamental principles are for building high performing teams and look into a number of examples where the fundamental principles have been successfully embedded within teams which has led to sustainable success.

Day 2 Speaker - Peter Moores

Peter Moores will share with everyone his thoughts on how to develop successful teams. This will be based on Peter's playing experiences with Sussex CCC, Worcestershire CCC and Orange Free State in South Africa, along with his coaching experiences with Sussex CCC, Lancashire CCC, and ECB as National Academy Director and England Head Coach on two occasions.

DAY 1 Toni Minichiello - Biography

Antonio (Toni) Minichiello, Sportscoach UK Elite Coach of the Year 2012 and a graduate of the UK Sport Elite Coach has a background in coaching spanning 27 years, from volunteer Basketball and Athletics coach, to a 6 year professional coaching role with UK Athletics. He was the only British Athletics Coach to coach an Olympic Gold and Double British Record breaking performance in London.

Toni is most widely known for his long-term coaching relationship with Jessica Ennis-Hill, from her beginnings in the sport at the age of 12 to her being the most consistent medal winning athlete on the British team today.

Toni coached Jessica through the career-threatening injury that forced her to miss Beijing 2008 and put together a team of High Performance sports practitioners and experts, a Team that became known as "Team Jennis". The leadership of the team by Toni oversaw Jessica's meteoric return from injury, dealing with the pressure associated with being "the face of the London Games" to the Gold Medal successes in the World and European Championships and ultimately to Olympic Gold medal winning success in the London Olympics of 2012. Recently, Toni has coached and supported Jessica Ennis-Hill to a remarkable Gold Medal at the World Championships, just 13 months after giving birth to her baby boy.

Toni was also coach to Nicola Minichiello although her athletic career as a heptathlete may not be as well known, her Silver Medal at the World Championships Bobsleigh in 2005 represented the first World Championship Medal for the sport in 46 years, Toni oversaw her transition from summer sport to winter sport and supported her strength, speed and conditioning programme that would lead to her becoming a World Champion in 2009. Toni has supported the career change of Great Britain international heptathlete Katy Marchant to British Cycling's funded program.

Toni continues to coach a diverse group of athletes aged 12 to 51, a group that this season has seen John Lane, Decathlete, break the 19yr old British Indoor Combined events record, and Nikita Campbell-Smith retain her National Junior Indoor Triple Jump title. Toni as a consultant to the EIS is also supporting Disability Table Tennis, Diving and GB Shooting. He also presents on Coaching to The FA, ECB, RFU, Powerade, Adidas, and through the company Dair, improving coaching in the commercial sector.

DAY 2 Peter Moores - Biography

Peter Moores has been in the professional game of cricket for 34 years, 16 as a player and 18 as a coach. The majority of his playing career was at Sussex though he also represented Worcester and the Orange Free State in South Africa at First class level.

His coaching experience is vast, starting at Sussex where he led them to their first ever County Championship title in 2003. He then joined the ECB as National Academy Director, following on from Rod Marsh. During his tenure at the National Academy he evolved it into its current form as the National Performance Centre, a process driven by Moores, in his vision to further support the England Team.

He became England Head Coach for the first time in 2007 taking over from Duncan Fletcher after a 5-0 Ashes defeat in Australia. He has been credited with laying the foundations for England's most successful period under Andy Flower, introducing many new players who went on to have successful International careers. After leaving the England role he joined Lancashire CCC where he led them to their first outright County Championship title in 77 years in 2011, making him the only coach to have won the County Championship with two different Counties.

He was honoured by becoming a Fellow of the Elite Coaches Association in 2012 and was reappointed as England Coach in 2014 after another 5-0 Ashes defeat in Australia. After a tough start the team won 3 consecutive Tests against India and identified a new group of young players to take England into the future. Having limited time to work with a new group of players, England performed poorly in the World Cup. Following the appointment of a new Chairman of ECB and the replacement of Paul Downton as Director of Cricket, Moores was relieved of his duties after just 13 months in post. Again he was credited by many players for his role in developing a new team, most notably by Joe Root and Alastair Cook, with the latter making special mention of Moores directly after the successful Ashes Series win in 2015. He is now currently working as a consultant coach for Nottinghamshire CCC as well as consulting with other sports and business.

Food and Refreshments

Lunches and refreshments are provided on both days of the programme as well as preferential bed & breakfast rates if delegates choose to stay overnight on request.

On-going support includes

Post-programme phone call to discuss any key learnings and actions for delegates in their own environment

Access to any future Inside Leadership articles, resources and sign-postings to any relevant publications and future programmes

Optional fee-based bespoke coaching & mentoring support packages if required

Paul Shaw Lead Facilitator testimonials

Paul Shaw recently delivered to the Aspire 2014-2016 co-hort within Workshop Two.

Paul delivered an energetic and thought-provoking session from his own experiences of working within the high performance environment. The coaches were able to connect with key messages around values and coaching philosophies that Paul had implemented with the England Women's Cricket Team. The session was interactive but at the same time a significant amount of knowledge was shared with the group.

Paul is truly an outstanding speaker, facilitator who speaks with such honesty, knowledge and human connection.

JOANNA JONES - PERFORMANCE COACH DEVELOPMENT MANAGER SCUK

'Paul presented to our company during a recent staff day. Paul pitched the presentation perfectly and took everyone on a journey with him. Throughout Paul was compelling, thought-provoking, inspirational and uplifting with feedback from the staff being excellent.'

SIMON GARDINER - HEAD OF BRAND COMMUNICATIONS KIA.

2 Day
Leadership Development Programme

Venue
Tankersley Manor, Church Lane
Tankersley, Barnsley, S75 3DQ
Telephone - 01226 744700

Dates
11th & 12th January 2017

Cost
£500

Click here to book

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